

(July 2010: Vol. 5 No. 7) The Mt. Vernon Unitarian Universalist Fellowship ~A Welcoming Congregation~ 1600 Isabella, Mt. Vernon, IL 62864; (618) 241-9644

Sunday Morning Service Schedule

(Mt. Vernon UU Fellowship services are held each Sunday at 10:00 a.m. All Sunday morning services are held at the fellowship building and are open to the public. If you are interested in leading a service or delivering a sermon, please use the Service sign-up sheet at the back of the sanctuary.)

1 August: Paul Oakley will lead this service.

8 August: This service's theme will "revisit the Flower

Communion, with thoughts about the 7th UU

principle: respect for the interdependent web of all existence of which we are a part. Greg and Marji Gibbs ask you to please bring a flower to include in the community bouquet. Some flowers to share

will be available, if you cannot bring one."

15 August: Donna Beaumont will lead this service with a

sermon entitled "What to Do When There Is

Nothing to Do," originally delivered by Barbara J. Pescan at the Unitarian Church of Evanston on

October 26, 2008.

22 August: A volunteer is needed to lead this service.

29 August: Paul Oakley will lead this service.

Other Upcoming Events

(All Upcoming Events are open to the public. Unless otherwise stated, all events are held at the Fellowship Building.)

4 August: Board of Trustees Meeting

-First Wednesday of Each Month-

-6:30 p.m.-

Meeting open to anyone interested in MVUUF business. Board of Trustees: Nina Peacock, co-chair; Kelly Taylor, co-chair; Diane Schwitz, co-chair; Adam Stone, secretary; Angela Czapiewski, treasurer.

6 August: Drum Circle

-First Friday of Each Month-

-7:00 p.m.-

Bring a drum or other percussion instrument to play at this relaxed and informal drum circle, or simply come to listen and enjoy the good vibrations.

8 August: Social Justice & Action Taskforce

-Second Sunday of Each Month-

-Following Social Hour-

Join this group to learn about and discuss social justice concerns and actions. This group discusses issues that affect local, national, and global communities. This group seeks out various projects and issues to take action on as individuals, as a group, and/or as a congregation. (You may want to bring a sack lunch.)

25 August: Meditation Group

-Fourth Wednesday of Each Month-

-6:30 p.m.-

No description available

Other UU Matters

Flower Communion:

On August 8, Greg and Marji Gibbs will lead a Flower Communion service. Please bring a flower for the community bouquet. If you can't bring a flower to the service, extras will be available.

Mingling of the Waters:

On Sunday, September 12 (the first Sunday after Labor Day), Donna Beaumont will be leading the "Mingling of the Waters" ceremony introduced last year. Attendees are encouraged to save water samples from their travels or other spiritual experiences (for example, the Summer Solstice) over the summer to bring to this service.

Newsletter Submission Guidelines:

All submissions for UU Matters should be emailed to Luke at LukeSanfordCrawford@yahoo.com. Submissions for the July edition must be emailed no later than **Monday**, **August 23**.

If you are leading a service or speaking in a service, you need to submit the title, date, and synopsis of your service/sermon.

If you are coordinating a special meeting or event that is open to the public, you need to submit the date and description of the event.

UU Matters is an opportunity for you to share your personal work relating to Unitarian Universalism, to the MVUUF congregation, or to liberal religious thought in general. Please consider sharing your photography, poems, short stories, "deep thoughts," etc.

Newspaper Announcement Submission Guidelines:

Submissions for the Friday "church news" sections of both the Sentinel and the Register-News are due on the Wednesday morning prior to the service or event. If you are leading a service, or planning a fellowship event, please email your information to Beth at: bethnvito@mvn.net by (at the very latest) 8 a.m., on the prior Wednesday. It need not be complicated--a few sentences would be fine. (Also, please let Beth know if you do not wish for your name to be included in the press release.) Many new attendees have told us that they found MVUUF through these articles in the newspaper, so this is an important way to let people know what is happening.

Considering MVUUF membership? Please ask a Board of Trustees member for a prospective member folder, or a membership form.

Treasury Matters: Financial contributions may be made in the offering basket located on the round table at the back of the sanctuary. If you would like to mail contributions instead of putting them in the offering basket, you may mail them to: MVUUF, 1600 Isabella, Mt. Vernon, IL, 62864. Please make checks payable to MVUUF. If you would like your offering to be used for a specific purpose, please clearly mark that purpose on the memo line on your check or on the envelope in which you place your offering.

Library Matters: The MVUUF Library catalogue is available online. The catalog can be accessed at www.librarything.com/catalog/MVUUF

Contact Information: If you are looking for more information about the Mt. Vernon Unitarian Universalist Fellowship or would like to be added to our mailing list, you can do so in the following ways:

- 1. By Mail: The Mt. Vernon Unitarian Universalist Fellowship 1600 Isabella Mt. Vernon, IL 62864
- 2. By Phone: (618) 241-9644. Please leave a voice mail message.
- 3. By visiting our website: www.mtvernonuuf.org
- 4. By emailing our fellowship: information@mtvernonuuf.org

