



# UU Matters

(March 2016: Vol. 11 No. 3)

The Mt. Vernon Unitarian Universalist Fellowship

*~A Welcoming Congregation~*

1600 Isabella, Mt. Vernon, IL 62864

## Sunday Morning Service Schedule

(All Sunday morning services are held at 10:00 a.m. at the Fellowship building and are open to the public. If you are interested in leading a service or delivering a sermon, please use the Service Sign-up sheet at the back of the fellowship hall.)

**6 March:** Susan Trotter will lead this service, “World Peace: Is It Possible?”

**13 March:** Open Readings. Please bring readings, music, creative endeavors, anything you would like to share. Open Readings can be some of our most special services.

**20 March:** Open Readings. Please bring readings, music, creative endeavors, etc. to share. Open Readings can be very special sharing services.

**27 March:** Open Readings. Please bring a reading, song, or other sharing

**17 April:** The Social Justice Interest Group will lead this service for Earth Day

Please check the MVUUF [website](#)

for updates to the schedule.



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# Other Upcoming Events

(All Upcoming Events held at the Fellowship Building are open to the public.)

## **2 March**                      **Board of Trustees Meeting**

-First Wednesday of Each Month-  
-6:30 p.m.-

Meeting is open to anyone interested in MVUUF business. **Board of Trustees:** Greg Gibbs, Co-chair, Terry Schwitz, Co-chair; Larry Sidwell, Treasurer, and Susan Trotter, Co-chair.

## **13 March**                      **Buddhist Meditation**

- Second Sunday of Each Month- -9:00 a.m.-

Buddhist meditation group meets downstairs. One need not be Buddhist to attend.  
For more information: Debbie Czarnopys-White [bdcw@frontiernet.net](mailto:bdcw@frontiernet.net)

## **13 March**                      **Social Justice Interest Group**

-Second Sunday of Each Month-  
-11:30 a.m. following Social Hour-

Learn about, discuss, and take action on social justice concerns-- issues that affect local, national, and global communities. Our group seeks projects and issues to take action on as individuals, as a group, and/or as a congregation.

## **16 March**                      **Open Minds Discussion Group**

-Third Wednesday of the Month 7:00 p.m.-  
**March topic: Climate Change 101**  
The public is welcome.

## **22 March**                      **Meditation Group**

-Fourth Tuesday of the Month 6:00 p.m.-  
-Upstairs in the Fellowship Hall-

For those who want to learn and practice a variety of visualization, meditation and relaxation techniques. For information: Nina Peacock at [peacock.nina@gmail.com](mailto:peacock.nina@gmail.com).



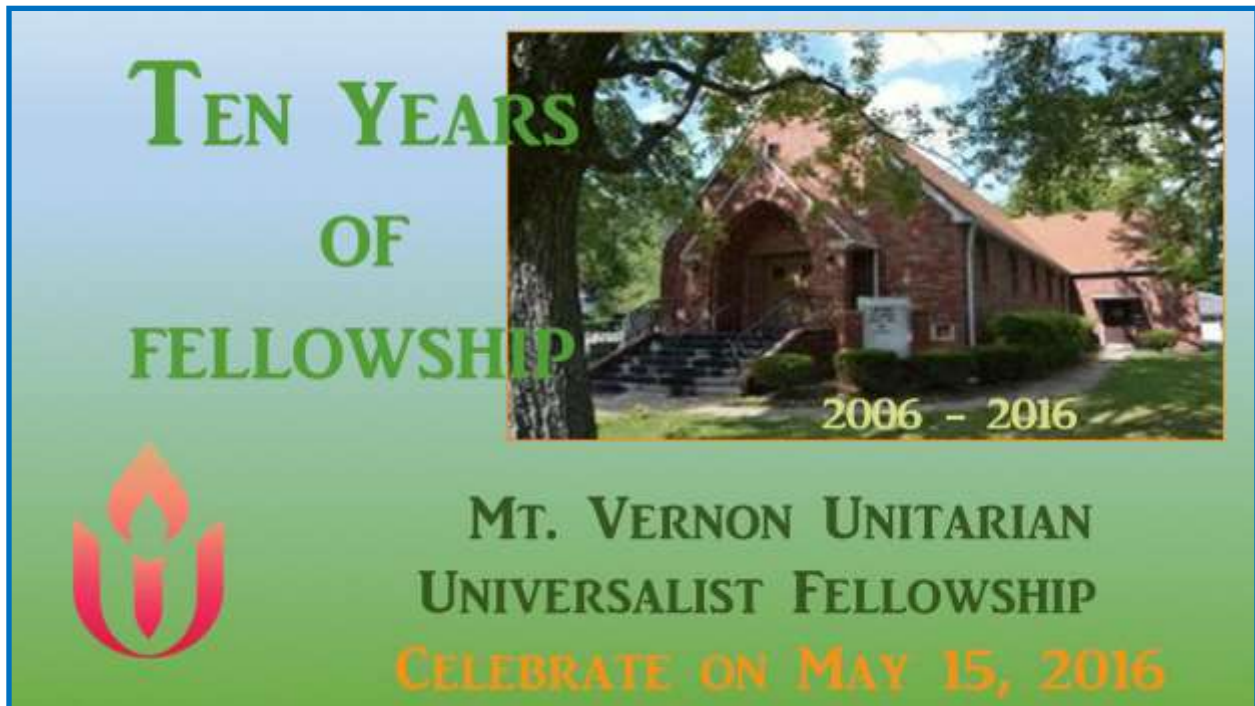
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## *Please lend a helping hand to the 10th Anniversary Committee*

Could you help?

- ◆ We seek photos/write-ups for our In Memorium board for the tenth anniversary celebration – for Randy Farrar, Saribenne Evesong, and Charles Jay.
- ◆ We are also questing for digital photos for a photo “loop” for the 10th Anniversary
- ◆ And photos, flyers, special orders of service, and other mementos are needed for the Ten Years of Fellowship bulletin board.

Please share your writing and items with the Tenth Anniversary committee (Donna, Glenda, Theresa, Gail, Roberta, and Susan (Board liaison)).



The graphic features a light green background with a blue border. On the left, the text "TEN YEARS OF FELLOWSHIP" is written in large, green, serif capital letters. To the right is a photograph of a brick church building with a gabled roof and a large tree in the foreground. Below the photo, the years "2006 - 2016" are written in yellow. At the bottom left is a red and orange flame-like logo. At the bottom center, the text "MT. VERNON UNITARIAN UNIVERSALIST FELLOWSHIP" is written in green, serif capital letters, and below that, "CELEBRATE ON MAY 15, 2016" is written in orange, serif capital letters.

Unitarian Universalists claim no statement of doctrine, and believe there is no one right way to lead a religious or spiritual life. Each individual’s spiritual journey is valued.

Unitarian-Universalists believe in reason, freedom, equality, and love. Visitors are welcome to this gathering of community, seeking peace and justice for all persons.

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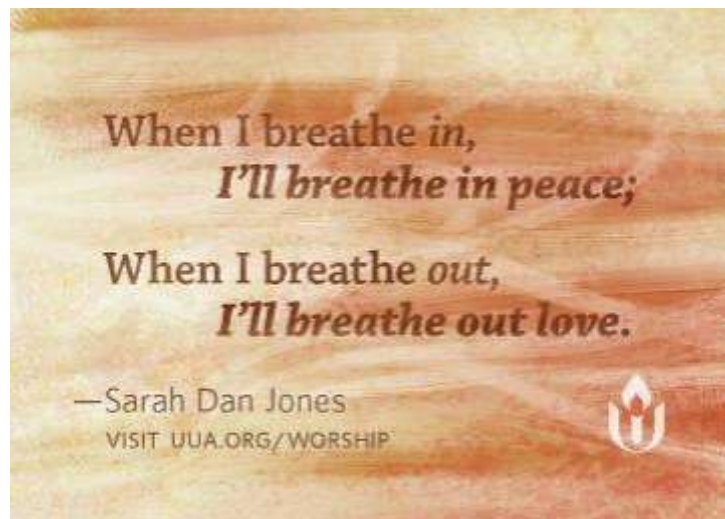
# Open Minds

## **March 16, 7 p.m. Climate Change 101**

Open Minds discussion on Wednesday, March 16 will center on Climate Change, as a two-part or two-month discussion. Climate Change 101 (the basics) will be the topic in March and Climate Change 102 (a more micro view) will be the topic in April. Leadership on these is Vito, Mike D and Roberta P.

The Social Justice Interest Group hosts the Open Minds discussion series on the third Wednesday of each month **at 7 p.m.** at the fellowship building, to encourage exploration and discussion of social justice and related issues. The series is open to the public.

If you have a topic to discuss, concerning social justice, economic justice, environmental justice – or just being an informed citizen – please contact Donna or Vito.



## ***Souper Bowl Sunday Canned Food and Necessities Collection***

In conjunction with the Souper Bowl of Car-ing service, in February the MVUUF Social Justice Interest Group collected items for Angels on Assignment Food Pantry.

Angels on Assignment clients can always use nonperishable food items, but there is also a need for toilet paper, paper towels, facial tissues, tooth paste, soap, laundry detergent, and cleaning supplies, which the pantry does not receive very often.

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## Other UU Matters

**Considering MVUUF membership?** Please ask a Board of Trustees member for a prospective member folder, or a membership form.

### **Library Matters: 2016 Library Additions**

The MVUUF Library catalogue is available online [here](#). Recent donations to the library on a variety of subjects have been added to the LibraryThing catalog and are now available on the shelves at the fellowship. New donations bring our total number of books to just over 700. Appreciation and thank you's for the donations go to Susan Trotter, Donna Beaumont, Glenda Eubanks, Theresa Rowe, Debbie Czarnopys-White, and Beth Brennan. The new books are in the library (unless checked-out) and can be found in the online catalog at [www.librarything.com/catalog/MVUUF](http://www.librarything.com/catalog/MVUUF). Below is a list of the newest titles plus their call numbers.

*Building Your Own Theology*, by Richard S. Gilbert, **289.1 Gil** (This is the workbook used in the recent Build Your Own Theology workshop. The library copy is available to checkout.)

*Animal, Vegetable, Miracle: A Year of Food Life*, by Barbara Kingsolver, **641.0973 Kin**

*The Mist-Filled Path: Celtic Wisdom for Exiles, Wanderers, and Seekers*, by Frank MacEowen, **299.16 MacE**

*Rising Strong*, by Brené Brown, **158 Bro**

*Healthy Aging: A Lifelong Guide to Your Well-Being*, by Andrew Weil, **612.67 Wei**

*The Crystal Stair: A Guide to the Ascension*, by Eric Klein, **133.9 Kle**

*Play of Consciousness: A Spiritual Autobiography*, by Swami Muktananda, **294.5 Muk**

*Dancing with Siva: Hinduism's Contemporary Catechism*, **294.5 Sub**

*Buddha Is as Buddha Does: The Ten Original Practices for Enlightened Living*, by Surya Das, **294 Das**

*Awakening the Buddha Within*, by Surya Das **294.3 Das**

*The Taoist I Ching*, **299.5 Liu**

*Buddhist Scriptures*, by Donald S. Lopez, **294.3 Bud**

*A New Earth: Awakening to Your Life's Purpose*, by Eckhart Tolle, **204 Tol**

*The Story of Ruth: Twelve Moments in Every Woman's Life*, by Joan Chittister, **248.8 Chi**

*Scarred by Struggle, Transformed by Hope*, by Joan Chittister, **248.86 Chi**

*God Knows Caregiving Can Pull You Apart: 12 Ways to Keep It All Together*, by Gretchen Thompson, **248.8 Tho**

## Treasury Matters

Financial contributions may be made in the round bowl on the back table in the Fellowship Hall. If you would like to mail a contribution, please mail to: MVUUF, 1600 Isabella, Mt. Vernon, IL, 62864. Please make checks payable to MVUUF. If you would like your offering to be used for a specific purpose, please clearly mark that purpose on the memo line on your check or on the envelope in which you place your offering.

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## Committee Matters:

### Nominating

Vito Mastrangelo

### Welcoming& Hospitality

Theresa Rowe  
Glenda Eubanks  
April Peyton

### Building& Grounds

Terry Schwitz  
Deb Czarnopys-White  
Vito Mastrangelo  
Susan Davis

### Religious Education

Deb Czarnopys-White

### Music

Angela Czapiewski  
Mike DeVilbiss

### Programming

Donna Beaumont  
Gail DeVilbiss  
Glenda Eubanks  
Roberta Price  
Theresa Rowe

### Memorial

Deb Czarnopys-White

### LGBT Concerns

Deb Czarnopys-White  
Roberta Price  
April Peyton  
Diane Schwitz

### Publications & Library

Nina Peacock  
Beth Brennan, Library  
Debbie Czarnopys-White,  
Newspaper announcements  
Marji Gibbs, Web/Newsletter

## Newspaper Announcement Guidelines

Submissions for the Friday "church news" sections of both the Sentinel and the Register-News are sent on the Monday morning prior to the service or event. [If you are leading a service, or planning a Fellowship event, please email your information to Debbie at: \[bdew@frontiernet.net\]\(mailto:bdew@frontiernet.net\) by 8 p.m., on the prior Sunday.](#) A few sentences is fine. Many new attendees have told us that they found MVUUF through articles in the newspaper, so this is an important way to let people know what is happening.

## Newsletter Guidelines

Please email submissions for *UU Matters* to [marji.gibbs\(at\)gmail.com](mailto:marji.gibbs(at)gmail.com) by **early deadline of Monday, March 21** for the April issue. [Please email dates for the website as soon as available.](#) If you are leading a service or speaking in a service, please send title, date, and description of your service/sermon. If you are coordinating a special meeting or event that is open to the public, please submit the date and description of the event.

*UU Matters* is an opportunity for you to share your personal work relating to Unitarian Universalism, to the MVUUF congregation, or to liberal religious thought in general. Please consider sharing your photography, poems, short stories, "deep thoughts," favorite quotes & web links, etc.



## Contact Information

For more information about the Mt. Vernon Unitarian Universalist Fellowship or to be added to our mailing list, please contact us in one of the following ways:

1. By Mail: The Mt. Vernon Unitarian Universalist Fellowship, 1600 Isabella Mt. Vernon, IL 62864
2. By visiting our website: [www.mtvernonuuf.org](http://www.mtvernonuuf.org)
3. By emailing our Fellowship: [information@mtvernonuuf.org](mailto:information@mtvernonuuf.org)